Effective date: 01/25/2016
Supersedes: 12/01/2015

Code: 00803WG

Product Name: Whole Grain Cheese Stuffed Shells

Serving Size: 4.62 oz
Pack: 112/4.62oz

Each serving (two – 2.31 oz. units) of Whole Grain Cheese Stuffed Shells provides 2.00 oz. equivalent meat alternate and 1 oz eq grains. CN # 093951 10-15

Product Info

PREPARATION – for best results

Keep frozen until ready to prepare

Method 1- Baking

1.Preheat convection oven to 375°F. Set fan to HIGH.
2.Distribute 3 cups of room temperature canned sauce in the bottom of a stainless steel, full steam table pan that has been sprayed with non-stick cooking spray.
3.Place a single layer of frozen (-10°F to +10°F) shells in the pan and cover with 5 cups room temperature canned sauce (approximately 36 per layer).
4.Spread sauce over pasta to cover.
5.Cover the pan tightly with aluminum foil.
6.Bake for 45 minutes or until reaching a minimum internal temperature of 165°F for at least 15 seconds in the coldest spot. **Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly to 165°F.**

Method 2 – Steaming

1.Set steamer to HIGH.
2.Distribute 3 cups of room temperature canned sauce in the bottom of a stainless steel, full steam table pan that has been sprayed with non-stick cooking spray.
3.Place a single layer of frozen (-10°F to +10°F) shells in the pan and cover with 5 cups room temperature canned sauce (approximately 36 per layer).
4.Spread sauce over pasta to cover.
5.Cover the pan tightly with plastic film and then aluminum foil.
6.Steam for 45 minutes or until reaching a minimum internal temperature of 165°F for at least 15 seconds in the coldest spot. **Note: cooking equipment, equipment settings, and kitchen conditions will vary so cooking time may need adjusting. Cook all food thoroughly.**

If storing in a moist 145°F warmer, cover the pan with plastic film and hold up to 1 hour.

Nutrition Facts

Serving Size 2 Shells (130g)

Amount Per Serving	
Calories 230	Calories from Fat 50
	% Daily Value*
Total Fat 6g	**9%**
Saturated Fat 3.5g	**18%**
Trans Fat 0g	
Cholesterol 20mg	**7%**
Sodium 380mg	**16%**
Total Carbohydrate 29g	**10%**
Dietary Fiber 2g	**8%**
Sugars 5g	
Protein 15g	

Vitamin A 8% • Vitamin C 10%
Calcium 30% • Iron 6%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Shelf life:	12 months frozen (-10° - 10°F)	Dim: 17.0″x13.0″x8.0″
Ti-Hi:	8 x 6	Case cube: 1.77 ft^3
Cases/pallet:	48	Pallet height: 58-inches
Gross case wt:	33.34 lbs;	Net wt: 32.34 lbs
Pallets/truck:	26	
UPC:	10852777003008	
ALLERGENS:	**Contains Wheat & Milk**	
GRAINS:	**51% of the grains used in this product are whole grains**	

CONTAINS 110242 COMMODITY CHEESE

Filling Ingredients: Low Fat Ricotta Cheese (Skim Milk, Water, Modified Food Starch, Milkfat, Milk Protein Concentrate, Xanthan Gum, Carrageenan Gum, Acetic Acid), Low Moisture Part Skim Mozzarella Cheese (Cultured Part Skim Milk, Salt, Enzymes), Romano Cheese Made From Cow's Milk (Cultured Milk, Salt, Enzymes), Parmesan Cheese (Part Skim Milk, Cheese Cultures, Salt, Enzymes), Asiago Cheese (Cultured Milk, Salt, Enzymes), Water, Food Starch-Modified, Whey Protein Isolate, Sodium Caseinate, Whole Wheat Cracker Meal (Whole Wheat Flour, Dextrose), Sugar, Salt, Dehydrated Garlic. **Pasta Ingredients:** Whole Wheat Flour and Enriched Semolina Blend (Whole Wheat Flour, Durum Wheat, Niacin, Ferrous Sulfate, Thiamin Mononitrate, Riboflavin, Folic Acid), Water, Ascorbic Acid (To Promote Color Retention).

Andrew P. Signorelli
Dir./Tech. Services
Tasty Brands

CONTAINS: 112 - 4.62 OZ SERVINGS PER CASE
(2 STUFFED SHELLS PER SERVING)

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